



Main Street
Creighton, 3263

P.O Box 62

Creighton 3263

Phone: +27 39 833 1038

Fax: +27 39 833 1179

Email: mailbox@ndz.gov.za

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ADDENDUM FOR SUPPLY AND DELIVERY FOR FIREFIGHTERS PHYSICAL FITNESS EQUIPMENT)BID NO:COMM-B010/23/24

Date: 19/06/2023

The addendum serves to give clarity on the specification for the above bid document on page 8 – 13.

The compulsory briefing held on the **13th June 2023** at **13:00pm**, Creighton, Hall.

Herewith the detailed specification (**See attached corrected document**)

Dr Nkosazana Dlamini Zuma Municipality apologies for the inconvenience caused.

RECOMMENDED BY:

**MISS N.HOLIWE
SCM MANAGER**

APPROVED BY:

**MR. N.C. VEZI
MUNICIPAL MANAGER**

I acknowledge receipt of this Addendum No.1

Name:.....

Signature:.....

Date:.....

Name of Tenderer (Company Name)

SPECIFICATION

The Dr Nkosazana Dlamini Zuma Municipality hereby requests quotes from suitably qualified and experienced service provider to Supply and delivery for fire –fighters physical fitness equipment. The successful service provider will be expected to Supply, deliver and install as per the specification below:

Description	Quantity
<p>1. Treadmill;(Industrial)</p> <ul style="list-style-type: none"> • Electirical power supplied • Workout tracking • Resistance Control ,Magnetic resistance in 11 levels(0 resistance off 1-3 low , 4- 6 mid , 7-9 high – 10 max) • Surface dimensions (L x W) 1680 x 480mm (66x19) • Water bottle holder <p>Phone holder ,holds phone up to 77,8mm width (3.06')</p> <ul style="list-style-type: none"> • Easy to move handles, integrated at the back of machine • Equipment weight 180kg (397 lbs) • Dimensions (LxWxH) 1910x 890x1540mm(75x35"x61") • Shipment weight 200kg (441 lbs) • Minimum –max user height, 150-210 cm • Max user weight 180kg (397 lbs) • Maximum speed , No limit • Keyboard, Capacitive touch keyboard • Power read out ,watt 	2
<p>2. Lat Machine.(Industrial)</p> <ul style="list-style-type: none"> • Designed pull-down bar provides better grip and aids the consistent and correct positioning of the hands. • Roller pads increase stabilization when using higher loads • Length mm 1243 in 48 • Width mm 1201 in 33 • Height mm 2280 in 90 • Machine weight kg 190 lbs 467 Weight stack. • Standard kg 90 lbs 180 • Plus kg 130 lbs 260 	01
<p>3. Olympic half rack(Industrial)</p> <ul style="list-style-type: none"> • Walkthrough design. • Integrated barbell storage holder. • Multi –angle pull-up handles • Dip handles • Frame colour options Black aluminium • Length 1406 mm 55 in • Width 1260 mm 50 in • Height 2363 mm 93 in • Weight 210 kg 463 in 	01

4. Adjustable bench(Industrial) <ul style="list-style-type: none"> • 7 backrest angle settings: 0,15°,30°,45°,60°,75°,85°. • 3 seat angle settings: 0°,15°,30° • Easy to move with integrated wheels and handle. • Length 1198 mm 47 in • Width 697 mm 27 in • Height 1312 mm 52 in • Bench weight 36 kg 79 lbs 	03
5. Horizontal bench(Industrial) <ul style="list-style-type: none"> • Integrated weight storage • 2 different hooks for different user height • Length 1725 mm 68 in • Width 1606 mm 63 in • Height 1302 51 in • Bench weight 59 kg 130 lbs 	01
6. Straight bar(Industrial) 180 cm bar bell <ul style="list-style-type: none"> • 2x spinlock • Colour silver 	03
7. EZ bar (heavy duty) <ul style="list-style-type: none"> • 120 cm ez bar • 2x spinlock collars • Colour silver 	03
9.Power gym machine (Industrial) Foam padding & steel cables <ul style="list-style-type: none"> • 150 kg maximum user weights • 1360x1080x2010mm setup size • Target multiple muscle group • 50 kg weight stack. 	01
10.weights (Heavy duty) <ul style="list-style-type: none"> • 6x 1kg • 6x 1, 5 • 6x 2kg • 6x 2,5kg • 6x 5kg • 6x 10kg • 6x 15kg • 6x 20kg • Colour silver/ iron • Round shape 	48
11.Dumbbells (Heavy duty) <ul style="list-style-type: none"> • 6x 8kg • 6x 9kg • 6x 10kg • 6x 14 kg • 6x 18 kg • 6x 20kg • Colour black 	36
12. Battle rope.(heavy duty) <ul style="list-style-type: none"> • 9metres length • 38mm pro thickness 	02

<ul style="list-style-type: none"> • Rubber holder • Colour black 	
13. Skipping ropes.(heavy duty) <ul style="list-style-type: none"> • Grip length : approx. 17 cm • Length: Approx. 2.5m • Material of the handle : foam, hard plastic • Weight : 100g 	05
14. Gym ball fitness ball.(heavy duty) <ul style="list-style-type: none"> • 75 cm anti –burst resistant • Colour(black,blue,pink,red) 	04
15. Situp bench.(heavy duty) <ul style="list-style-type: none"> • All in one 2 x 1.5 kg dumbbell • Heavy duty frame and high density padding . • Colour black • Adjustable bench 	01
16. kekklel bell weights.(heavy duty) <ul style="list-style-type: none"> • 5kg x 4 • 10kg x 4 • 20kg x 4 	12
17. Stepper air stairs(climbing machine).(heavy duty) <ul style="list-style-type: none"> • Material ,rubber, steel • Size 1420*800*2060mm • Colour black • Function indoor aerobic excise climbing stairs machine • G.w 205kg 	01
18. Wheel Stomach.(heavy duty) <ul style="list-style-type: none"> • Roller with rubber grip • Double wheel • Colour, Red and black. 	03
19. Leg press(plate loaded).(heavy duty) <ul style="list-style-type: none"> • Sleek black upholstery and black frame fits • High quality manufacturing promise • Product weight 298kg / 657 lbs • Max user weight 159/ 350 lbs • Start resistance 75.7kg / 167 lbs 	01
20. jumping box.(heavy duty) <ul style="list-style-type: none"> • 6 in x 2 • 12 in x 2 • 18 in x 2 • 24 in x 2 • Landing area: 30"x35-1/2 • Dense foam core with softer foam on side prevent injury • Each box must easily identified by the box height in 	08

<ul style="list-style-type: none"> yellow on the side. Covered with heavy duty ,slip resistant viny that also easy to clean Boxes can be stacked ,and are secured by Velcro, tabs that keep them from slipping apart Colour black and yellow 	
21. Chest press.(heavy duty) <ul style="list-style-type: none"> Support heavy loads ,up to 250kg total max load Very stable – solid construction Frame colour ,white Cushion colour ,black Rubber feet for added stability Weight rack width 110 cm Deadweight weight 30 kg 	01
23.Spinning bike.(heavy duty) <ul style="list-style-type: none"> Two practical plastic transport rollers Six height –adjustable anti-slip rubber feet Foot straps on the pedals for better support Quick –release fasteners(10-ways adjustment both handlebar and saddle) Net weight 48kg Flywheel 8kg Height 150-185 cm Driver type : belt drive Resistance type magnetic resistance system infinitely variable resistance. Dimensions constructed(LxWxH) 123x46.5x110 cm Recommended floor space (LxWxH)180x100x240cm Seat height from floor 88-106cm Handlebar height 97-110cm Distance seat to handlebar 58-85cm Footstand outside about 107cm Colour black and grey 	03
24. Yoga mat.(heavy duty) <ul style="list-style-type: none"> Size 190x100 x1.5 cm Colour, black, pink , blue , red , High quality non slip, abrasion resistant, skin friendly foam material. Easily rolled up for compact storage Extra support from padded 15mm foam 	04
25. Leg vibrate machine.(heavy duty) <ul style="list-style-type: none"> Rated voltage : 220-240v Rated power : 200 w Amplitude : 0-12mm Speed level: 1-180 Volume: P1-P5 Material: ABS & Steel Maximum load: 120 kg Size: approx. 33 cm (13 inches) x53 cm (20.9 inches) x14 cm (5.5 inches). 	01
26. Pool table <ul style="list-style-type: none"> Accessories included (balls, sticks x4) and balls all of them Maple finish International 7ft Size - L215 x W123 x H78 cm Table Weight: 244kg (Including Slate) 	01

- Aluminium table top edging for extra protection
- Slate bed
- Ball return feature
- Adjustable feet to level the table

MISS Z MLATA
SENIOR MANAGER:
COMMUNITY & SOCIAL SERVICES

MR.N.C. VEZI
MUNICIPAL MANAGER

